



**COMMUNICATION CARD**

In the Book of Romans, St. Paul instructs us to "Rejoice with those who rejoice; mourn with those who mourn." We have a team of people willing to pray for your request.

**Prayer Requests:**

Please pray only   
 Please pray & contact me

\_\_\_\_\_

\_\_\_\_\_

**Praise Reports:**

\_\_\_\_\_

\_\_\_\_\_

Look around your pew. Is someone missing? Do you wonder where they are and if they are ok? Please let us know so that we too may give them a call and let them know that they are missed.

\_\_\_\_\_

\_\_\_\_\_

**If you are a visitor...how did you find us?:**

Website: \_\_\_\_\_  
 Walked by: \_\_\_\_\_  
 Someone told me: \_\_\_\_\_  
 Newspaper: \_\_\_\_\_  
 Telephone Directory: \_\_\_\_\_  
 ITouris Kiosk \_\_\_\_\_  
 Other: \_\_\_\_\_

(Place this card in either the offering plate or the basket in the rear of the Sanctuary)



**Adirondack Community Church**  
 P.O. Box 511  
 2583 Main Street  
 Lake Placid, NY 12946  
 518 523-3753  
[www.adkcomchurch.org](http://www.adkcomchurch.org)  
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 E-mail: [info@adkcomchurch.org](mailto:info@adkcomchurch.org)  
 Website: [www.adkcomchurch.org](http://www.adkcomchurch.org)  
 Rev. Mark Demers, Pastor  
 Art Summers, Pastor to Families  
 Rev. Ingrid Johnson,  
 Pastor of Visitation

**WEEKLY**

Sermon: "Travel Light: Keep It Simple"  
 Scripture: Mark 6:1-13

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We have such an interesting text in front of us today - Jesus runs into resistance in his home town. He is limited in terms of what he can do because everyone already has him pegged. After all, he is a "hometown boy". There is simply no way he could be the messiah! What is interesting is what happens next in the Gospel - Jesus sends his disciples out to do the work he was unable to do in his own home. We don't need to push this too hard ... but it is worth some consideration that it is a human being that is at the center of saving the world. And at first blush, "saving the world" looks to be a tall order. But look at the instructions Jesus gives! "You don't need a lot of extra equipment for this. That's how Eugene Peterson paraphrases Mark 6:8. *You are the equipment.*



In this high tech world of ours, with more gadgets than anyone could ever use or even understand, the "equipment" we need to change the world is us. You don't need to hear a message about whether we all have too much stuff. That's not the point. Jesus is not casting any judgment on what we have; he is simply trying to help understand that *we have what we need.*

Special points of interest:

- Home Group tonight at the parsonage, 6:45pm call 523-3096 for directions.

Such a liberating, loving, inspiring message. Don't let people put you down! And while it's not intended to give us permission to be lazy, or to stop learning, it truly is good news, isn't it? With Jesus in my life, I've got what it takes!

-Rev. Mark Demers

"Sharing God's Love In All We Do"

## SonRock Kids Camp

Help us get kids registered! Forms available in the Narthex, the sidewalk box and on-line at: [www.adkcomchurch.org](http://www.adkcomchurch.org)



## SonRock Kids Camp Vacation Bible School

Adirondack Community Church  
2583 Main Street, Lake Placid NY  
(across from the Post Office & Municipal Parking Lot)  
(518) 523-3753

August 17-21, 2009  
Come one day or all!  
9AM-Noon, 4-12 Year Olds

Parent's Night,  
Friday, August 21, 2009, 6:30 PM

It's Free and it's Fun!



## WE'RE GLAD YOU'RE HERE!

*Want To Get Connected?*

This response card is an opportunity for you to communicate with us.

We want to hear from you.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone \_\_\_\_\_

Email: \_\_\_\_\_

Today's date \_\_\_\_\_

Best time to call \_\_\_\_AM \_\_\_\_PM

- This is my first visit
- I visit occasionally
- Regular Attendee

I'd like to talk to a staff member regarding:



I'd like to learn more about:

- The values that guide Adirondack Community Church
- Small Groups
- Children's Ministries
- Women's Ministries
- Baptism
- Men's Ministries
- Senior Adult Ministries
- Membership
- Volunteering
- Youth Ministry Volunteer
- Missions
- Music Ministries

Today I:

- Committed my life to Christ.
- Renewed my commitment to Christ.

I made a decision to...

*"Sharing God's Love In All We Do"*

# help needed



Can you smile, say "hi" and offer someone a free cup of coffee?

Come Saturdays between 7:30pm.- 9:30pm To The LIVING Room. Be a part of this new ministry outreach.



Can you hang T-Shirts, organize supplies, cut paper or color in the lines?

Come Wednesdays, July 8 & 22 from 6-7:30pm to Erdman Hall.

Light supper provided.

Many hands make light work!

**VBS  
WORKDAY**



Can you make or buy and then deliver a meal to shut-ins one Monday a month...or maybe once every other month?

Please call, 523-3753 or email, [info@adkcomchurch.org](mailto:info@adkcomchurch.org) the church office to discuss the details.

## July Extra Helpings Menu: \$21.00

1.5 lbs. Chicken Breast Stuffed w/ Broccoli & Cheddar Cheese (4/6 oz.)

1 lb. Sirloin- Beef Sandwich-Steak  
1.5 lbs. Home Style Beef Patties  
4 lb. Bag Chicken Wings  
1 Bunch of Celery  
1 lb. Bag Baby Carrots



## Special #1: \$10.00

2 lb. Bag Bay Scallops 80/120  
(No Glazing and No Chemicals Added)

## Special # 2: \$13.00

6 lbs. Italian Sweet Sausage Links (2/ 3 lb Boxes)

## Meat Box: \$32.00

3 lbs. Home Style Beef Patties  
3 lbs. Boneless/Skinless Chicken Breast  
2.5 lbs. Boneless Center Cut Pork Chops  
2 lbs. Maple Breakfast Sausage  
3 lbs. Salisbury Steak

Prepaid Orders will be accepted through Thursday July 9, 2009:

Sr. Center, North Elba Town Hall,  
10:00 to 1:30, Monday-Friday

Mail: Extra Helpings, c/o ECP,  
P.O. Box 1475, Lake Placid, NY 12946

Food Pantry, St. Agnes Church,  
Fridays 9am-12 noon

Thrift Shop, George & Bliss Lane,  
Lake Placid, Wed-Sat 10-2pm

For further information, please call  
Carol Pinney at 523-1791, x 2

Saranac Lake, contact Shirley Allen at 891-2717

### DELIVERY

**July 29, 2009**

**Lake Placid Baptist Church  
9:30 am to 2:00 pm**

*"Sharing God's Love In All We Do"*

## Weekly Calendar

Sunday—July 5

9:00 AM Traditional Worship Service  
 9:00 AM Adult Bible Study, Todd Room,  
 9:45 AM –10:30 AM Fellowship Time  
 10:30 AM Contemporary Worship Service  
 (Nursery Provided)  
 Big City Studio for Kids  
 6:45 PM Home Group at the Demers,  
 66 Acorn St., Lake Placid

Monday—July 6

6:00 PM Covenant Band Rehearsal

Tuesday— July 7

6:45 AM Men's Breakfast, Erdman Hall  
 5:30PM–8:00 PM Schizim Youth Group  
 7:00 PM Knitting Group, 523-3548  
 7:00 PM 20's/30's Group, 523-3096

Wednesday—July 8

8:00 AM Finance Team Meeting  
 2:30 PM Help needed to escort  
 residents to chapel service  
 at Uihlein. Call 523-9835  
 5:00 PM –7pm Collision Group for 6-8th  
 Graders  
 5:00 PM Trustees Meeting  
 6:00 PM Worship Team Rehearsal  
 6:00 PM VBS Workshop

Thursday—July 9

9:00 AM Staff Meeting  
 10:30 AM Mommy and Me Group  
 5:00 PM The Shack (Youth Rm)  
 open until 10:00 PM  
 6:30 PM Hermance/Strack Wedding Reh.  
 7:00 PM LAMBS, Erd. Hall

Friday— July 10

1:00 PM Hermance/Strack Wedding  
 4:30 PM Ladies Bible Study Group,  
 523-9263

Saturday— July 11

6:00 PM The Forum  
 7:30 PM Coffeehouse

## Birthdays

**This week:**

07/07 Claire Thayer, Alissa Beideck  
 07/08 Linda Young, Roberta White,  
 Morin Bissonette  
 07/09 Jasmine Coolidge  
 07/10 Keela Dates, Kathryn Preston,  
 Mallory Timon, Chelby  
 Lawrence, Patrick VanNess  
 07/11 Kathy Briggs  
 07/12 Lisa Hammell, Jason Leon

**Next Week:**

07/19 Marion Daby, Krissa Miller  
 07/20 Sarah Warner, Eileen Valentine,  
 Linda Jones, Kim Daby

All children are invited to church on  
 Sundays at 10:30am. For  
*Big City Studio*  
 Nursery Workers for July 5:  
 Merry Barney & Claire Thayer

## Church Library

Books, tapes, videos, etc.  
 are available to borrow in  
 the Todd Room.  
 Open almost every morning.

## Lectionary Scripture Readings:

### July 5

2 Samuel 5:1-5, 9-10  
 Psalm 48  
 2 Corinthians 12:2-10  
 Mark 6:1-13

### July 12

2 Samuel 6:1-5, 12b-19  
 Psalm 24  
 Ephesians 1:3-14  
 Mark 6:14-29



## We are connected...

We are invited to pray for the congregation and pastor of the Breesport United Methodist Church - located in Breesport, NY, part of the North Central New York Annual Conference (soon join with portions of Troy, Wyoming and Western New York Annual Conferences). The pastor's name is Rev. Dorothy-Yorke Alloway. The congregation had 11 persons worshipping on an average Sunday morning 19 months ago; there are now about 35 persons worshipping each Sunday. It is an older congregation (72 - 93 years of age), and we are asked to pray for continued revitalization of the parish.

As we pray for them, so they will be praying for us.

Rev. Yorke-Alloway writes a daily devotional which you may get On-line at: [revdoc1@pennswoods.net](mailto:revdoc1@pennswoods.net)



Open hearts. Open minds. Open doors.

**The people of The United Methodist Church®**

## Follow Me:

The greatest expression of love for Jesus Christ is to follow him wherever he wants us to go. That is how we discover hope. We lay down our priorities of the day, see through the distractions of this world and follow. Jesus taught that lesson in John 21:15-19. He asked his loyal disciple, "Simon, son of John, do you love me?" When Simon Peter assured Jesus the answer was "yes," Jesus instructed, "Follow me."

The United Methodist Church seeks to follow by making disciples of Jesus Christ for the transformation of the world. It is an exciting time to be a part of the United Methodist family. An emerging global conversation is drawing the church back to our Wesleyan heritage and focusing our work in a way that allows us to spread more and greater hope. This work is unfolding in four areas of focus:

- Developing principled Christian leaders for the church and the world
- Creating new places for new people and renewing existing congregations
- Engaging in ministry with the poor
- Stamping out the killer diseases of poverty by improving health globally
- 

We focus in these four areas to spread the gospel. It is the United Methodist way to discern God's activity among us and to respond. It is living out our Wesleyan heritage as an impassioned Christian movement of every color, background and condition.

*"Sharing God's Love In All We Do"*